



# Excel Motor Project<sup>©</sup>

## Programme Outline



This course is designed to contribute to initiatives towards raising awareness on the impacts of motoring offences committed by young people. It will target young people who have committed, or at risk of committing the following motor-related offences:

- Taking without the owner's consent, especially when it is aggravated.
- Vehicle vandalism.
- Being banned and re-offending (totting up)
- Driving/riding whilst disqualified or with no insurance.
- Driving when under the influence of excess alcohol/ substance abuse or under the legal driving age.

**Group:** The course is generally targeted at the age group 13 to 19 years in age. City and Guilds Accredited 3791 Profile of Achievement Award.

**Sessions:** 3 hrs per Saturday session for total 30hrs

Unit	Activities	Purpose/ Objectives	Benefits/ Outcome learned by YP
1 Introduction and Overview.	Discussion, video, charts.	Assessment and opportunity to introduce discuss risk factors and young person's experiences.	Awareness, health and safety, rules and regulations and introductions in group and team work.
2 (a) Attitudes and Responsibilities.	Discussion, magazines/ media, offences cards, role play/ scenario.	Explore reasons for offending behaviour; identify concerns that may need prompt action.	Explore attitudes and challenge their own views, estimate seriousness, explore options for reducing/ avoiding offending behaviour.
2 (b) Peer Group Pressure and Car Culture.	Workshop, media samples (video and news headlines), group work.	Insight into peer group pressure, understanding dangers of speeding, examine ideas around speed rush/ buzz culture.	Feedback from previous sessions, explore appropriate and inappropriate usage of motor vehicles, start to write Profile of Achievement.
3 Consequences of Motor Vehicle Offending.	Workshop, media.	Illustrate victims and their families experiences, explore future employment, insurance, vehicle hire, the police and personal progression in adulthood.	Comprehension and awareness and stress of impact on anti social, vehicle related offences, the real cost to society.

4 Motor Vehicle Usage.	Simulated driving session by SDA (Safe Driving Academy) at IF.	Reconcile previous sessions' knowledge on behaviour, consequences into practical activity.	Relation to issues and impact of motor vehicle crime, constructive leisure and educational session.
5 Legal Requirements for Motor Vehicle Ownership.	Portfolio, action plan and review for 3791, worksheets, workshop.	Highway code, rules and regulations, legal responsibility on the road.	Appreciation of common misconceptions and legal responsibility, explore alcohol and drugs misuse, speeding, insurance, driving license, MOT.
6 Under the Influence: Drink, Drugs and Concentration.	Complete 2 <sup>nd</sup> reviews and 3 <sup>rd</sup> action plans, drugs and alcohol props, substance misuse workshop.	Explore current knowledge and perceptions, challenge, and compare factual information, discuss current issues.	Greater understanding on effects of concentration and alertness on ability to drive/ ride safely, clearer understanding on importance of law.
7 Group Based Workshop.	Media (glossy magazines newspapers), offences cards.	Thoughts and forward planning on future aspirations, vis a vis vehicle ownership and usage.	Planning (importance/priorities) on achieving aspirations, choices in dream car/ bike ownership, including maintenance and running costs.
8 Action Planning: Individual Planning.	Handouts, workshop.	Discuss viability of achieving personal aims and consider their respective options and consequences of continued offending behaviour.	Prepare personal action plan and discuss in group, determine valid options and assess with respect to initial introduction session.
9 Practice Driving Session.	Constructive leisure day, receive certificates at end of session.	Socialisation and explore links with theory sessions and evaluation on course, informal discussion on learned objectives, views and feedback on course.	Personal reflection in a relaxed and fun environment, opportunity to practice learned objectives.

**Referrals:** Referrals will be taken from the Youth Offending Teams (YOT's).

**Delivery Agent:** The Ilderton Foundation.